## ncpad The Costs of Mail Order Rx

Consumers, employers, and public health officials should consider the potential risks before they allow health insurance companies to steer patients into mail order.

'THE AVERAGE MAIL ORDER Rx COST HAS GROWN 164\%

## PHARMACISTS REPORT PATIENT ISSUES WITH MAIL ORDER ${ }^{2}$


${ }^{3}$ Between $59^{\circ}-77^{\circ} \mathrm{F}$ is the temperature recommended to store most medications, but mailbox temperatures may exceed $150^{\circ} \mathrm{F}$ in summer!


## WASTE NOT WANT NOT4

\$3,166.87 in mail order waste. "A customer brought in a sack full ... her husband had passed away, and wanted us to donate the medications for someone else to use. Unfortunately we couldn't."

One patient had six months over-supply due to 90 -day filling and therapy changes that cost approximately $\$ 4,000$.

Tricare ${ }^{5}$
THREE STRIKES AND YOU'RE OUT!


Active military and veterans who choose a local pharmacy instead of mail order three times are then responsible to pay 100\% of the cost for many commonly used drugs!

Our military men and women and military veterans help keep our country free. Yet their own freedom to choose their own pharmacy is limited when it comes to their prescription drug benefit.

